

	ONE2ONE POLICY			
	Title	Urinary Catheter Management	Policy No	56
	Indicator	SM1 – High intensity daily personal activities	Review Date	

1. PURPOSE AND SCOPE

This policy sets out One2One’s principles for providing urinary catheter care to the consumers we support. Quality catheter care is about ensuring a person’s urinary tract is effectively managed in a safe, consistent, and hygienic manner that promotes a person’s overall health and well-being. All consumers we support deserve:

- appropriate advice
- monitoring
- support and intervention.

Above all, consumers must always be treated with dignity regarding a sensitive and important bodily function.

This policy has been framed around the NDIS Practice Standards and applies to all of One2One’s supports and services.

2. POLICY STATEMENT

When supporting a consumer with a urinary catheter, staff should follow the consumers individual care plan for providing urinary care. Additionally, staff providing this support will participate in the appropriate training for that consumer.

3. POLICY CONTENT

Urinary catheters may be used by persons with spinal cord injury, stroke, multiple sclerosis, spina bifida or other medical conditions, and before or after surgery of the bladder, prostate or other parts of the urinary tract.

Staff responsibilities when supporting consumers with urinary catheters

- ensure consumer has documented individual care plans regarding enteral tube feeding which include regular reviews
- adhere to best practice in monitoring safety and comfort of individuals who are catheterised
- be alert for possible allergic reactions to tape, latex or lubricant before any intervention
- obtain permission/consent of consumers prior to any physical examination
- always assess consumer’s knowledge of the purpose of catheterisation and explain your actions
- accurate recording documentation as instructed by consumers individual care plan

Interventions

It is vital that staff are able to determine malfunction of catheters including:

- monitor and watch for potential safety issues i.e. if there is oliguria or no urine in drainage bag, check that catheter has not become misplaced in vagina (females)
- check if catheter has not accidentally been expelled by bladder or urethral contraction (males)
- check drainage tubing for patency
- note any inability to void (urinary retention)
- rapid drainage of urine might result in hypotension
- note consumer complaints of pain or fever
- report any of the above to a medical professional.

4. RELATED DOCUMENTS

- Infection Control Policy
- Medication Management Policy
- Waste Management Policy

5. POLICY REVIEW

This policy will be reviewed on a two-yearly basis. However, if at any time the legislative, policy or funding environment is so altered that the policy is no longer appropriate in its current form, the policy will be reviewed immediately and amended accordingly.

Authorised: Director – One2One